

**International Yoga Day (21<sup>st</sup> June 2023)**

International yoga day was celebrated on 21st June, 2023 by the students as well as teachers of Laxmiben Homoeopathy Institute And Research Centre , Bhandu, to keep the body mentally and physically fit by performing various types yoga e.g. Surya namskar, Tadasan, Savasan, Pranayam etc



**LAXMIBEN HOMOEOPATHY INSTITUTE AND RESEARCH CENTRE , BHANDU**

