

# New Life Era

MONTHLY BILINGUAL MEDICAL JOURNAL

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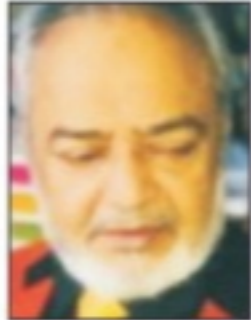
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Special Medical Day

- 1<sup>st</sup> Dec World Aids Day
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Dr. L.M. Khan

## Art of Prescribing

**Case-7-**My case of asthmatic problem which I cured by heper sulph. A patient name Mohtarma S. Begum, age 50 years from grant street kolkata. She is known asmatic at the age of 15years old she is taking last 20yrs inhaler. 2 time in a day. History shows the most prominent modalities that patient prefer and feels much comfort when she bend her head backwards. Though she is taking inhaler but still she had tremondus craves for sour things and she enjoyed. Sour is one of the principal test like lemon, as per allen's key. a most important resource book for key notes. Prescribing which we have got opportunity to learned and understand in our very early life. Though I am not fully matured to prescribe on the basis of key note but thanks to god that I got opportunity with the friendship of keynote prescribing before my interning in homoeopathic college. I gave heper sulph 0/1 in olfaction with 10 stroke in 3hour interval. After one week her husband reported that as per physician advised 1st two days inhaler used once daily then heper sulph olfaction give to much comfort that help her to avoid in haler after 3days not morning nor evening. The magical result of heper sulph is a very short period. **Dr. L.M. Khan**



प्रो.डॉ.एस.एम.सिंह

## होम्योपैथी : अनुभवजन्य चिकित्सा

प्रकरण-11-नपुसंकता-सर्वश्रेष्ठ औषधि-नक्स वोमिका-

पुरुषों के यौन कमजोरी में बहुधा "नक्स वोमिका" के प्रयोग से अत्यधिक लाभ मुझे प्राप्त हुआ है। विशेषकर इस बात का ध्यान रखता हूं कि जहां अधिक हस्तमैथुन, आडम्बरपूर्ण जीवन, अत्यधिक काम क्रिया, तथा लम्बे समय से मानसिक व शारीरिक परिश्रम, स्वभाव से चिड़चिड़ापन, ज़रा सा विरोध पर क्रोध का आना, आहार लेने पर आमाशय में पत्थर जैसा अनुभव होना, रोगों का प्रायः बदतर होना, खाने के बाद, मानसिक श्रम, क्रोध समताप तथा व्यभिचार के कारण ज्यादातर नापुसंकता की अवस्था जहां भी मिला है, वहां हमने प्रायः सभी औषधियों से बेहतर "नक्स वोमिका-30, 200, 1 एम रोग लक्षणों के अनुसार चयनित होने पर मेरे 50 साल के चिकित्सीय अनुभव में सर्वोपरि, सर्वाधिक सफल परिणाम उपलब्ध कराती है ऐसे नपुसंकता के कैसेज में ये मेरा व्यक्तिगत 50 वर्षों चिकित्सीय अनुभव रहा है। एक प्रयोग करने की परामर्श है। **प्रो.डॉ.एस.एम.सिंह**



Dr. Rajendra Sisodiya

## Role of Homoeopathy In Treatment of Peptic Ulcer

**Peptic Ulcers** are sores that develop in the lining of the stomach, lower esophagus, or small intestine (the duodenum), usually as a result of inflammation caused by the bacteria H. pylori, as well as from erosion from stomach acids. Peptic ulcers are a fairly common health problem. So here we list some Homeopathic medicines for stomach ulcers problem. These homeopathy medicines are also helpful in treating different symptoms of peptic ulcers such as vomiting, nausea, burning sensation.

**Causes of Peptic Ulcers**-**Heredity**-Patients with peptic ulcer often have a family history of the disease, this is particularly so with duodenal ulcers which develop below the age of 20 years. The relatives of chronic ulcer patients have three times the expected number of ulcers.

**•Helicobacter Pylori**-This is the most important etiological factor in peptic ulcer disease, accounting for 90%of duodenal ulcers & 70% of gastric ulcers. By causing gastritis it reduces the resistance of the gastric mucosa to attack be acid & pepsin&a gastriculcermayresult.

**•Non-Steroidal Anti Inflammatory Drugs (NSAIDS)**-These damages the gastric mucosal barrier and are an important etiological factor in up to 30%of gastric ulcers.

**•Smoking**-confers an increased risk of gastric ulcer and to a lesser extent duodenal ulcer.

**Symptoms of Peptic Ulcers**-**•Abdominal pain**  
**•Hunger pain,** **•Night pain,** **•Episodic pain/**  
**Periodicity,** **•Heartburn,** **•Nausea,** **•Loss of**  
**appetite,** **•Vomiting.**

**Some Homeopathic Medicine Indicated**-A homeopath not only tries to heal the ulcer but also tries to remove the general predisposition to acquire it. The homeopath not only tries to find 'What is wrong?', but also 'Why it went wrong?'; 'Where it started going wrong?'; 'How it evolved to the current stage?' etc. To find the answers to all these questions, a homeopath tries to gather as much information as possible regarding the past and present medical history of the patient, his/her family history, his/her general physical and psychological characteristics, etc.

**Homeopathic Medicines For Peptic Ulcers-**

- Argentum Nitricum, •Nux Vomica, •Merc sol.
- Kali Bichromicum, •Lycopodium Clavatum,
- Carbo Veg, •Graphites, •Phosphorus, •Sulphur.

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