



# New Life Era

MONTHLY BILINGUAL MEDICAL JOURNAL

16, Bal Vihar Road, Ghora Nakkas, Bhopal-462001

Mobile No. : 9330164491, Phone : 0755-4248654, Email : newlifeera2010@gmail.com, Web Site : www.newlifeera.com

Ref. No.: NLE/Art.Pub.Certificate/41

Date : 05-08-2022

## Publication Certificate

The certificate confirms that "Dr. Amit Kumar Arya" has given publication (Article/Research Paper) titled "Management of case of Molluscum Contagiosum (MC) by Homoeopathy".

### Details of Published Article As Follow :

- Journal Name : New Life Era
- Issue (Edition) : September-2022
- Volume : 13
- Issue : 2
- Place : Bhopal
- Number of Pages : 16
- ISSN : ISSN 2320-4125
- NRI No. : MPBIL/2010/33662
- Postal Registration No: M.P./Bhopal/4-208/2020-22

  
(Dr. M. Zakairya) 5/8/22  
Chief Editor  
New Life Era



If Undelivered return to :  
**New Life Era**  
16, Balvihar Road,  
Ghora Nakkas, Bhopal-01 (M.P.)

**Special Medical Day**  
• 8<sup>th</sup> Sep. Kidney Awareness Day  
• 30<sup>th</sup> Sep. World Heart Day

Vol.-13 / Issue-2 / Bhopal / Publication Date 1 September 2022 / Post Date 3 September 2022 / ₹ 35/- / Pages-16



### Art of Prescribing A Case of Asthma

Dr. L.M. Khan

trading uterine life taught me that mother was not fully developed uterus, baby was in whole i.u. life was suffocative. Asthma since birth, she had very trick in her ply she use to ply caramboard. Allen's wisdom Dr. Mazumdar's training to perceive capsulated past as an environmental consideration with tricky temperament, we give plum bum met lm potency I still remember that day I was in pediatrics OPD with Dr. Manna who help me lots during pediatrics OPD of nih, girl was free from problems, letter we a give dose of anti psoric. Above case is very educational therefore I share again. Prescribing plum met having with me rarely due to circumstances or my poor knowledge of plum met.

**Case-**A girl of 7, was suffering from asthma was not responding my efforts with my best selection (so called) in trading uterine life taught me that mother was not fully developed uterus, baby was in whole i.u. life was suffocative. Asthma since birth, she had very trick in her ply she use to ply caramboard. Allen's wisdom Dr. Mazumdar's training to perceive capsulated past as an environmental consideration with tricky temperament, we give plum bum met lm potency I still remember that day I was in pediatrics OPD with Dr. Manna who help me lots during pediatrics OPD of nih, girl was free from problems, letter we a give dose of anti psoric. Above case is very educational therefore I share again. Prescribing plum met having with me rarely due to circumstances or my poor knowledge of plum met.

### होम्योपैथी : अनुभवजन्य चिकित्सा



डॉ. अ.एस.एम.सिंह

संबेदनशीलता, जरा से वायु के झॉक के प्रति अति सुग्राही, छोटे, फोड़े फुसी के स्पर्श मात्र से ही दर्द होना आदि उपर्युक्त समस्त लक्षणों के आधार पर हीपर सल्फ-6 की कई खुराकों से समूल रूप से सही कर दिया था।

**प्रकरण-8-**रोगी 10 वर्षीय कन्या। विगत छः माह से खांसी के कष्ट से परेशान थी। शाम के समय हल्का सा बुखार, हल्की सी कपन, गमी के एहसास के साथ पसीने का आना जो कि अगली सुबह तक बना रहता था। सूखी खांसी के प्रकोप के साथ बोलने, हंसने, खिलने-डुलने से खांसने की गति बढ़ जाती थी। यह विशेष बात थी उसमें हमेशा शाम के समय सारे कष्ट बढ़तर हो जाते थे। खांसते-खांसते हल्का रक्त मिला बलगम खखारकर निकालना पड़ता था। खांसने पर गले में दर्द भी होता था। पानी की प्यास कम थी। इपीकाक, फासफोरस आदि दवाइयों ने कोई विशेष लाभ नहीं दिया। परन्तु खखारकर पीलापन लिये बलगम का निकलना जारी था। त्वचा बहुत अस्वस्थ रहती थी, हल्की सी चोट में भी मवाद पड़ जाता था। शीत के प्रति संवेदनशीलता, जरा से वायु के झॉक के प्रति अति सुग्राही, छोटे, फोड़े फुसी के स्पर्श मात्र से ही दर्द होना आदि उपर्युक्त समस्त लक्षणों के आधार पर हीपर सल्फ-6 की कई खुराकों से समूल रूप से सही कर दिया था।



Dr. Mrs. R.P. Keshwari

Dr. Shaikh Naser

## Efficacy of Homoeopathic Medicine in The Management of Allergic Rhinitis: An Experimental Uncontrolled Study

**Abstract-**Allergic rhinitis is an allergic inflammation of the nasal airways. It occurs when an allergen, such as pollen, dust or animal dander (particles of shed skin and hair) is inhaled by an individual with a sensitized immune system. In such individuals, the allergen triggers the production of the antibody immunoglobulin E (IgE), which binds to mast cells and basophiles as a result, basophiles and mast cells degranulate causing release of histamines. When caused by pollens of any plants, it is called "pollinosis", and if specifically caused by grass pollens, it is known as "hay fever".<sup>[1]</sup>

Allergic rhinitis is a most common condition now a days, number of factors are responsible for developing allergic rhinitis. Corticosteroid used for treating the allergic rhinitis. Number of side effects are noticing after using corticosteroid. To avoid this, Homoeopathic medicine is necessary. So I choose this topic.

**Objectives-** To study the role of the Homoeopathic medicines in the management of Allergic Rhinitis. • A detail study of clinical presentation of Allergic Rhinitis

**Materials & Methods-**Total 30 cases were selected by simple random sampling technique. 30 cases would be given homoeopathic medicines after proper case taking and reportorial analysis. Also, proper diet and regimen would be advised and compared results before and after treatment.

**Result-**In the present study of 30 cases, 10 cases were recovered accounting 33.33%, 16 cases were improved accounting 53.33% while 4 cases were not improved accounting 13.33%. The criteria for selection of potency and repetition of doses in Homoeopathy were done on bases of principal of Homoeopathy.

**Keywords-**Allergic Rhinitis, Homoeopathy

**Introduction-**Allergic rhinitis is an allergic inflammation of the nasal airways. It occurs when an allergen, such as pollen, dust or animal dander (particles of shed skin and hair) is inhaled by an individual with a sensitized immune system. In such individuals, the allergen triggers the production of the antibody immunoglobulin E (IgE), which binds to mast cells and basophiles as a result, basophiles and mast cells degranulate causing release of histamines. When caused by pollens of any plants, it is called "pollinosis", and if specifically caused by grass pollens, it is known as "hay fever".<sup>[1]</sup>

Homoeopathy can be defined as a System of Drug-Therapeutics based on the Law of Similars. This Law states that a drug, capable of producing in a healthy person a diseased-state exactly similar to that observed in a diseased person, acts as a curative agent if the disease is in a curable stage. In the incurable stage of the disease, however, the same drug acts as the best palliative.<sup>[1]</sup>

**Master Hahnemann** placed before the medical fraternity, the constitutional (holistic) approach towards diseases. He could convincingly prove that the fundamental cause for all diseases lies within man himself

(aphorism 5, 11). External factors only play therole of exciting and maintaining cause of the disease(aphorism 5,7).<sup>[4]</sup>

**ICD 10 Classification of Diseases- J30.9**

**Uncontrolled Study-**A study in which all the participants are given a treatment and simply followed for a period of time to see if they improve, with no comparison against another group (control group) that is either taking another treatment or no treatment at all.<sup>[1]</sup>

**Justification For The Study-**Allergic rhinitis is a most common condition now a days, number of factors are responsible for developing allergic rhinitis. Corticosteroid used for treating the allergic rhinitis. Number of side effects are noticing after using corticosteroid. To avoid this, Homoeopathic medicine is necessary. So I choose this topic.

**Research Question & Hypothesis-**

**Research Question-**Does homoeopathic medicines are effective in the management of Allergic Rhinitis?

**Hypothesis-**

**Null Hypothesis-**Homoeopathic medicines are not effective in the management of Allergic Rhinitis.

**Alternative Hypothesis-**Homoeopathic medicines are effective in the management of Allergic Rhinitis.

**Aim-**To study the efficacy of Homoeopathic medicine in the management of Allergic Rhinitis.

**Objective-**To study the role of Homoeopathic medicines in the management of Allergic Rhinitis. • A detail study of clinical presentation of Allergic Rhinitis

**Materials & Methods-**

**Study Setting-**A study was conducted at college. The subjects for the study were selected from the college and self-camp arranged in college.

**Study Duration-**18 months

**Study Design-**An Experimental Uncontrolled study.

**Sample Size And Selection Of Sample-**Approximately 30 cases were selected. The sample for the study were selected by simple random sampling method.

**Methods-**Total 30 cases were selected by simple random sampling technique. 30 cases would be given homoeopathic medicines after proper case taking and reportorial analysis. Also, proper diet and regimen would be advised and compared results before and after treatment.

**Inclusion Criteria-** Diagnosis by clinical expression was done. • Age from 20-60 years were taken, • Patients of all the ethnic groups, both the sexes were included, • Complaints of allergic rhinitis at least 1 year were included, • Patients who were willing to give written

informed consent were included.

**Exclusion Criteria-**Allergic rhinitis associated with Eczema and Asthma were excluded. • Patients below 20 years and above 60 years were excluded. • Complications with Allergic rhinitis were excluded.

• Hypersensitivity reaction, Urticaria, Drug induced conditions were excluded. • Any Allergic Rhinitis case suffering from other systemic disease were excluded. • Patients who were not willing to give written informed consent were excluded. • Patients with H/O Blood disorders like non allergic eosinophilic syndrome, tropical eosinophilia syndrome were excluded.

**Withdrawal Criteria-**Every patient was free to withdraw from trial at any time for any reason and without prejudice or might withdraw on the advice of the investigator. Furthermore the following circumstances might also arise for withdrawal: • Any adverse event which needs referral of the patient,

• Personal circumstances which cause the patient to left the treatment

**Outcome Assessment-**

**Assessment Criteria-**Assessment was done according to clinical improvement and on the basis of pain scale which done before starting the treatment and at the time of follow-up.

**Evaluation Of Parameters-**

**Recoverd-**All the subjective and objective symptoms and complaints relieved with > 75 % sense of well being.

**Improved-**Most of the subjective and objective symptoms subsided with 50-74 % of improvement.

**Not Improved-**Minimum or <50 % of symptoms

**Selection And Administration of Medicine-**Homoeopathic medicines were prescribed to patients based on Totality of the Symptoms and according to the Constitution of the patient.

**Selection Of Potency And Repetition Schedule-**The potency selection and repetition

Continue on page 14



**Motiwala (National) Homoeopathic Medical College & Hospital, Nashik**

Internal Quality Assurance Cell (IQAC) and Department of Organ of Medicine, Department of Reproductive & Department of Homoeopathic Materia Medica





Homoeopathy from the perspective of GNM is like looking at the root cause of disease from a totally new dimension!



**Prof. (Dr.) F. F. Motiwala**

**HIGHLIGHTS**

- GNM- A new paradigm in research and its application
- Biological Laws of disease causation
- Cause-Causals going to the root of the cause of the sick
- Application of GNM in reportorialism
- Germans complement each other

**A 3-DAY WORKSHOP ON**  
*Homoeopathy in the Light of*  
**GNM**

Presenting for first time in India, after phenomenal success in Dubai, U.A.E.



Sponsor  
**Prof. Dr. F. F. Motiwala**  
MD (PhD), B.Ed., CCHP  
Principal of Motiwala (National) Homoeopathic Medical College & Hospital, Nashik, India  
H.O.D. - Organ of Medicine

**REGISTRATION CHARGES (incl. Lunch & Text):**  
RE. 499/- for UG & PG Students and RE. 599/- for Practitioners.  
SPOT REGISTRATION: RE. 599/-

**HURRY! ONLY 200 SEATS**  
Last date for registration:  
**10th Sept. 2022**

Date: 23rd - 25th Sept., 2022  
Time: 10:00 am - 4:00 pm  
12th Best timing to 20 am (100 seats)  
Venue: **Zobie Motiwala Auditorium,** Motiwala (National) Homoeopathic Medical College & Hospital, Gangapur Road, Nashik.  
Ph: +91 91420 02462/63, +91 92251 44577  
Email: mhmrc1@hotmail.com

SCAN QR or visit :  
<https://forms.gle/hu29Nv64Ch9gE06>

Bank Name : The Hindu Yashwantrao Chavan Bank  
Account Name : Motiwala Homoeopathic Medical College and Hospital  
A/c. No. : 200195000200564  
IFSC : KYBL0002070

CELEBRATING 100 YEARS OF CREATION OF MEDICINE




# Management of Case of Molluscum Contagiosum (MC) By Homoeopathy



Dr. Amit Kumar Arya

**Overview-** Molluscum contagiosum is a fairly common skin infection caused by a virus. It causes round, firm, painless bumps ranging in size from a pinhead to a pencil eraser. If the bumps are scratched or injured, the infection can spread to nearby skin. Molluscum contagiosum also spreads through person-to-person contact and contact with infected objects. Though most common in children, molluscum contagiosum can affect adults as well-particularly those with weakened immune systems. Adults with a healthy immune system can develop molluscum contagiosum from sexual activity with an infected partner.

**Aetiology-** Agent - Pox virus  
**Transmission-** Direct spread, •Formites (Clothes and Towels), • Sexual Transmission.  
**Clinical Features-** Morphology, • Usually multiple, • Pearly white, dome-shaped papules which are umbilicated. Under a hand lens, may have a mosaic appearance. On piercing the umbilicated centre, a white cheesy material can be extruded.

**Pseudo-Isomorphic Phenomenon-** Due to autoinoculation, can give rise to lesions arranged linearly along line of trauma.

**Sites of Predilection-** Any part of the body, • Sexually transmitted MC in anogenital area., • Widespread and several lesions, seen in atopics (due to Scratching and extensive use of topical steroids) and in immunocompromised patients (HIV Infection) due to defective cell-mediated immunity.

**Course-** Self-limiting: lesions usually clear spontaneously in about a year usually without any scarring (through some lesions may resolve with scarring), • Large solitary lesions may not resolve spontaneously., • Lesions persistent, extensive and difficult to treat in immunocompromised individuals and in patients with atopic dermatitis.

**Complication-** Secondary infection  
**Investigation-** In children, usually none needed. In doubtful cases, microscopic examination of Giemsa stained expressed material from the lesion reveals large purplish intra-cytoplasmic inclusion bodies (molluscum bodies/Henderson-Paterson bodies)

• In adult patients with lesions on face, or extensive and persistent lesions, underlying HIV infection should be ruled out.

**Diagnosis-** Diagnosis of MC is based on:  
 • Presence of pearly white, umbilicated papules, • Extrusion of the cheesy core through the central crater, with characteristic cytological appearance of the expressed material

**Differential Diagnosis-** Verruca vulgaris, • Cryptococcosis.

Repertory	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Repertory	10	8	4	3	1	3	2	3	2	2	2	2	2	2	2	2	2	2	2	2
Symptoms Covered	3	4	3	1	3	2	3	2	2	2	2	2	2	2	2	2	2	2	2	2
Keywords																				
[Complete] [Skin] [Eruptions] [Molluscum Contagiosum] [MC]																				
[Complete] [Skin] [Eruptions] [White] [MC]																				
[Complete] [Skin] [Eruptions] [MC]																				
[Complete] [Skin] [Eruptions] [Unilateral] [MC]																				

**Treatment-** Molluscum contagiosum is a self-limiting condition; which means that it gets cured if untreated. However, in that case, it may take up to six months. Some treatment measures may shorten the duration and reduce the changes of spread. It is contagious until the bumps are gone-which, if untreated, may be up to 6 months or longer. The time from infection to the appearance of lesions ranges from 2 week to 6 months, with an average incubation period of 6 weeks. • The Molluscum virus cannot be routinely cultured in the laboratory.  
**General Treatment-** It is done by popping the core containing the virus with a needle. The central waxy core contains the virus. This

not require medicine unless it is severe and extensive. It has to be remembered that the medicines have to be chosen based on the patients individual symptoms; and not that they work for all the patients alike. Homoeopathic remedies for molluscum contagiosum are:  
 • **Natrum Sulph-** Suitable for molluscum contagiosum eruptions that itch while undressing and are worse in damp weather.  
 • **Thuja-** Suitable for molluscum contagiosum especially of the genitals.  
 • **Hepar Sulph-** Indicated in molluscum contagiosum with secondary infection.  
 • Some of the medicines are Dulcamara,



Repertory/Rubric	Remedies
Complete Repertory Skin - Eruption-Molluscum Contagiosum	<b>3 marks drugs:</b> Bromium, Calcarea arsenic, Merc sol, Nitric acid, Phosphorus, Sepia, Silicea, Sulphur, Thuja <b>2 marks drugs:</b> Bismuthum nitricum, Ieprominium, plutonium nitricum, Scorpio europaeus; <b>1 marks Drugs:</b> Acidic Acid, Bismuthum, Bryonia, Calcarea carb, Calcarea phos, Carcinocin, Germinum met, Juglans cinerea, Kali bich, Kali iodum, Lycopodium, Medorrhinum Natrum mur, saccharum officinale, Tuecium
Boericke Skin-Molluscum	<b>3 marks drugs:</b> Bromium, Calcarea ars, Silicea <b>2 mark drugs:</b> Bryonia, Calcarea carb, Kali iod, Lycodium, Merc sol, Natrum mur, Sulphur, Teucrium
Clarke Clinica-Molluscum Contagiosum	<b>3 marks drug:</b> Calcarea carb, Silicea

procedure must be done regularly to prevent multiplying of the virus. Once the virus containing head of the lesion has been destroyed, the infection is gone.

**Surgical Treatment-** Cryotherapy: It involves killing infected cells by "freezing" them with a pressurized liquid spray, usually liquid nitrogen or nitrous oxide. The procedure is relatively painless and can be performed by any health professional. The infected cells may fall off immediately or fade over several days.

• Laser therapy: Pulsed dye laser therapy is the treatment of choice when there are multiple lesions. Any surgical treatment requires to be repeated each time, new crops of lesions appear.

**Homeopathic Treatment for Molluscum Contagiosum-** Homeopathy has effective treatment for a range of viral infections which includes Molluscum contagiosum. There are a few commonly indicated anti-viral medicines which are specially suitable for this condition. This problem is largely self-limiting and does

Silica, Natrum Muriaticum, Rhus toxicodendron, Causticum, Nitric acid, etc. are use in case of MC.

• **Repertorial Approach for Treatment-** There are some repertory in which Molluscum Contagiosum is given as a rubric and its drugs.

**Case-** A 2 year old, female child come in clinic with her grandfather. The grandfather explain that girl was suffering from eruption on face since 1 month, Grandfather take him to a allopath for treatment, but after taking allopathic medicine patient does not get any relief, then she comes to clinic for taking homoeopathy treatment., • On local examination, eruption was white in colour and umbilicated., • On general examination, patient is anaemic, pulse -96/min & weight -12 kg., • On systemic examination, nothing significant found., • Family History-Not get any significant.

**Provisional Diagnosis-** Molluscum Contagiosum

**Repertorial Totality-** Skin-Eruptions-

Molluscum Contagiosum, •Extremities -Eruptions-White, • Face- Eruptions, • Skin-Eruptions Umbilicated.

**Repertorial Result-** Sulphur -10/3, • Thuja -9/4, • Kali bich -8/3, • Merc sol -8/3, • Natrum mur-8/3

**Prescription-Rx-** • Thuja 200, Taking only one dose at night, In 40 number globules., 04 globules dissolved in 2-3 teaspoonful lukewarm water in single dose., • Sac Lac 30, in 40 number globules, BD for 7 days.

**Follow up after 7 days-** No special relief but no new symptom, Rx-• Again repeat same dose  
**Follow up after 15 days-** Eruption gets relief, Rx- • Sac Lac 30, in 40 number globules, BD for 7 days.

**Follow up after 15 days-** All eruption completely gone-cure

**Dr. Amit Kumar Arya, MD Homoeopathy**  
 Assistant Professor- Department of Homoeopathic Materia Medica, Laxmiben Homoeopathy Institute & Research Center, Bhandu, Gujarat  
 Mob.: 7984074538, 8109761857  
 Email- akarya47@gmail.com

## Effect of Pain on Emotions



Dr. Heena Ansari

**Abstract-** The complexity of pain experience is being increasingly acknowledged, the role of emotions on the other hand often not taken into consideration. Pain & emotions are inseparable, especially in the case of chronic pain.

**Introduction-** Pain Receptors like the skin, many internal organs have pain receptors, also called nociceptors, which are sensitive to chemicals released by damaged tissues. When inflammation occurs due to mechanical, thermal, electrical, or toxic substances, cells release chemicals that stimulate pain receptors. Sometimes, the pain we feel in one part of your body is actually caused by pain or injury in another part of your body. This is called referred pain. Some internal organs have a referred pain, for example, pain from the heart is felt in the left shoulder and arm. This most likely happens when nerve impulses from the pain receptors of internal organs travel to the spinal cord and synapse with neurons.

This article does not intend to offer an exhaustive analysis of this very rich domain. However, some of the many ways in which emotions influence the painful experience will be mentioned in this article. In practice, this

could help in understanding & supporting patients who suffer from chronic pain.

**Keywords -** Pain, Emotions, Anxiety, Stress, Neurosciences, • Pain is defined as "An Unpleasant sensory & emotional experience associated with actual or potential tissue damage.", • Pain is frequently classified as physiologic or acute pain; pathologic or chronic pain (lasting for at least 3 months) which include inflammatory (rheumatoid arthritis) and neuropathic pain (damaged nerves) or tissue anoxia (sickle cell disease), tumors growth (cancer pain). Some common emotional responses to pain can include anxiety, depression, anger, feeling misunderstood, demoralization. According to a 2004 study, individuals who are experiencing chronic pain in primary care settings have a higher probability to experience anxiety & depressive disorders than those who are not (2)

There is increase evidence that psychological stress or trauma is highly associated with chronic persistent pain. Persistent pain can increase exposure to stressful events, such as job losses, marital conflicts, medical procedures & surgeries. Additionally, changes in functioning, role (social or family), daily routine, job status, sleep disturbances may contribute to chronic pain. These factors causes distress which in turn increases pain.

Another aspect of stress-pain relationship is PTSD. Longstanding pain has been found in people with PTSD. In contrast to the effects of anxiety in augmenting pain, positive emotional states generally reduces pain. Activation of certain dopamine neurons underlies the reinforcement produced by food, water, sexual interaction, and certain drugs. Activation of this system suppresses emotional reactions to pain.

**Factors Influencing Pain-** Many different factors influencing the experience of pain, which is different for everyone. These include:  
 • Age, • Gender, • Socioeconomic status, • Culture, • Ethnicity, • Spiritual Habits, • Support system, • Life before pain onset [1]

**Assessment of Pain-Common Pain Assessment Tools**

**Brief Pain Inventory (BPI)-** The BPI measures both the intensity of pain & the interference of pain in the patients life. It is based on scales-  
 '0' represent "no pain" & '10' represents "pain" as bad as you can imagine.

**Wong - Baker Faces Pain Scale-** This scale which goes from 0 to 10, asks the person in pain to choose from a series of faces that best indicate the level of pain he or she is experiencing. Level '0' is a happy face, indicated as 'No hurt' & the scale goes up to level '10' which is a sad /pained face with tears, indicated as "worst pain"

**Conclusion-** Advances in neuroscience

confirm the close entanglement between pain & emotions. The identified presence of neurophysiological traces of physical or psychological traumatic events in pain circuits extends the observations made for a long time by psychologists concerning the psyche.

**Pain And Homoeopathy-** Homoeopathy is often overlooked as a modality for pain management. However, it deserves to be a first line treatment due to its safety, effectiveness, cost-effectiveness. As we know that with proper case taking we can reach up to the root cause of pain & our homoeopathic medicines covers most of the mental symptoms in a very meticulous way.

**References-** 1.) Edwards RR, Dworkin RH, Sullivan MD, Turk D, Wasan AD. The role of psychosocial process in the development and maintenance of chronic pain disorder. J Pain 2016; 17(suppl.9):170-92.  
 2.) Gatchel, R.J. Comorbidity of chronic pain & mental health disorders: The biopsychological perspective, American psychologist, 59(8), 795-805.  
 3.) Raphael KG, Widom CS. Pain 2011; 152:163-169.  
 4.) Sumanen M, Rantala A, Sillanmaki LH, Mattila KJ. Journal of Psychosomatic research. 2007; 62:139-143.  
 5.) Keider RG, Harte SE, Munn EM, Borszcz GS. Journal of pain. 2008;9:597-605.

**Article By-** Dr. Heena Ansari, PG Scholar, GHMC, Bhopal  
 Dept. of Homoeopathic Pharmacology  
 HOD Dr. Chetna Pandey  
**Guide:** Dr. B.D. Dwivedi

*Get Rid*  
**of the Painful**  
*Conditions with...*



**NEW LIFE**  
**Arthrocingel**



- **JOINT PAIN**
- **GOUT/RA/OA**
- **MUSCLE PAIN**
- **NERVE PAIN**
- **SCIATICA**
- **SPORTS INJURY**



• Quick Relief from Pain...

[www.newlifelifehomoeopathy.com](http://www.newlifelifehomoeopathy.com)

[newlifelifehomoeopathy@gmail.com](mailto:newlifelifehomoeopathy@gmail.com)